

# Engaging Volunteers for Direct Physical Activities During Circuit Breaker

Volunteers can **only** be deployed for direct physical volunteering in activities that provide essential services and aid to vulnerable groups

## WHAT ESSENTIAL SERVICES\* AND AID CAN VOLUNTEERS BE ENLISTED FOR?

Provision or distribution of supplies necessary for daily sustenance which includes but not limited to:



Fresh Produce & Dry Food Supplies



Urgent Financial Aid



Packed Meals



IT Equipment



Personal Care & Cleaning Aid

## BEFORE DEPLOYING VOLUNTEERS, APPLY FOR APPROVAL FIRST



1 Submit your plans to NCSS via [www.go.gov.sg/distributioncontact](http://www.go.gov.sg/distributioncontact) at least 2 working days before the activity



2 NCSS will review and coordinate community efforts to ensure that essential aid reaches the vulnerable

## SAFEGUARD YOUR VOLUNTEERS' SAFETY AND HEALTH

### Turn away volunteers if they...

- are unwell
- have travelled overseas in the last 14 days
- are under Quarantine, Leave of Absence (LOA) or Stay Home Notice (SHN) prior to activity

Do not deploy seniors, children, persons with chronic or underlying conditions & pregnant women except for remote volunteering roles for their safety. Look out for a Remote Giving playbook for more ideas!

\*This includes essential services approved by the relevant authorities. They include: MSF's Essential Services for Vulnerable Groups, MTI's list of Essential Services for Health and Social Services, MOH's list of Essential Community Care Services. For full list of sector-specific advisories, please see: <https://www.gov.sg/article/covid-19-sector-specific-advisories>

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# Precautionary & Safe Distancing Measures For Your Volunteering Activities

## HERE ARE SOME PRECAUTIONARY MEASURES WHEN MANAGING ON-SITE VOLUNTEERS



Limit number of volunteers



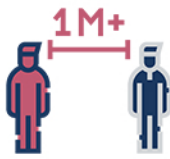
Administer temperature screening and health/travel declarations



Brief volunteers on precautionary measures



Keep a register and track movement of volunteers to facilitate contact tracing



Ensure no social mixing among different groups of volunteers to minimise interaction



Provide clean and well-ventilated environment for volunteers and ensure safe distancing



Advise volunteers to inform your organisation or group if they were later found to be in contact with confirmed COVID-19 cases or have fallen ill after the activity

### Encourage personal social responsibility among volunteers:



Practise good personal hygiene (e.g. wash hands and use tissues when sneezing or coughing)



Wear a mask properly



Refrain from any form of greeting that involves direct physical contact (i.e. no handshakes, hugs, high fives)

## ENSURE VOLUNTEERS PRACTISE SAFE DISTANCING WHEN INTERACTING WITH BENEFICIARIES



Avoid door-to-door outreach at this time



Reduce frequency & duration of physical interactions



Deliver essential aid & meals to home-bound/frail persons by leaving items at door



If there is a need to check in on them, maintain 1m safe distance and limit interaction to below 15 minutes

### If meal delivery is not feasible:



Set up designated collection points in the vicinity



Ensure staggered collection times



Advise beneficiaries to return home immediately after collection



Strictly no buffet set-ups

For latest information on guidelines for volunteer management during COVID-19 pandemic, go to <https://www.mccy.gov.sg/about-us/news-and-resources>

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